



FRONT KICKS

The Newsletter for the American Karate Academy

AKA Staff

Shihan Danny Chapman
8th Dan, Chief Instructor

Master Mike Hoyal
5th Dan, Senior Instructor

Sensei Tim Bowles
4th Dan, Senior Instructor

Sensei Matt Stonerock
2nd Dan, Instructor, Lil' Dragon Instructor

Sensei Cam Chapman
3rd Dan, Assist Instructor

Sensei Michael Culbreth
2nd Dan Assist Instructor

Sensei Lindsey Grant
2nd Dan, Assist Instructor

Sensei Lori Lynn Chapman
2nd Dan, Assist Instructor

Sensei Jeff Morrison
1st Dan, Assist Instructor

Lenny Ramirez
Publisher of Front Kicks

Trainee Instructors

Lenny Ramirez
Eric Donahue
Michael Ratliff
Charles Williams
Luke Donahue

Junior Black Belts

Brandon Wen – Assist Inst
David Grant – Assist Inst

Junior Assist Instructors

Savannah Fiedor
Caroline Williams
Sarah Conley
Mac Sweeney Ivanna Kelley,
Lilly Roberson, Austin
Hamill, Matthew Conley,
Michael Aguon

AKA Hosts IKSA Seminar!

The 14th Annual IKSA National Training Seminar will be held at the Brentwood Family YMCA in Brentwood, TN on **September 26-27, 2008**. IKSA instructors from around the country will be teaching a variety of classes. Adult classes include Combat Tai Chi, knife fighting, kata for tournaments, groundfighting, five animal Kung Fu and several other classes.

Children's classes will include karate baseball, archery, sword fighting, awareness, self defense and FUN! On Saturday night there will be an awards and promotion banquet held in the gym at the YMCA.

In the Spotlight...

The student we are spotlighting from the children's class this issue is **Ivan Wall**. Ivan, a 12 year old green belt, is in the 6th grade at St. Anne's. He decided to join the karate program so he could learn to defend himself. Ivan enjoys doing katas. He also enjoys playing video games and wrestling with his two younger brothers. Ivan was born in Russia and came to the US when he was 17 months old. He has one dog and said his favorite karate movie is the "Karate Kid."



Several of our instructors will be promoted to higher dan ranks. Each AKA student should make plans to attend this event. Each student has been given a seminar flyer. If you have lost yours see Sensei Chapman for a replacement.



The adult student in the spotlight in this issue is **Eric Donahue**. Eric is a brown belt with 2 stripes. He is a 14 year old sophomore at Brentwood High School. Eric is a trombone player in the Bruin's marching band. He is also very active in the Boys Scouts. Eric attended Karate College this year and really enjoyed it, especially Sensei Rick Perez's kenpo classes. Eric has two younger brothers who also train at the AKA. When asked what he likes most about karate he replied, "Everything!"

Master Chapman Leads Alabama Seminar ...

On May 31 Master Chapman was the lead instructor at Sensei Issachar James' 4th Annual USKA Training Seminar.

The event, attended by 35 martial artists from 3 states, was held at the Civic Center in Enterprise, AL. Master Chapman taught two sessions. "Sensei James always puts on a first class seminar," said Master Chapman. "He has great students and support personnel. The hospitality he offered was awesome!" Also attending the seminar from the AKA were Sensei Hoyal and Sensei Bowles who assisted Master Chapman, and Sensei Cam, Zach Riddle, and Matt Cardwell. (Check out "photos" for pix of seminar on AKA web page.)

空手道

KARA TE DO
Empty Hand Way

The first public demonstration of karate in Japan was in 1917 by Gichin Funakoshi, at the Butokuden in Kyoto (Hassell 1984). This, and subsequent demonstrations, greatly impressed many Japanese, including the Crown-Prince Hirohito, who was very enthusiastic about the Okinawan art. In 1922, Dr. Jano Kano, founder of the Japanese art of Judo, invited Funakoshi to demonstrate at the famous Kodokan Dojo and to remain in Japan to teach karate. (Maliszewski, 1992).



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We're on the Web!

See us at:
www.americankarateacademy.com



New AKA Locations, Locations, Locations...

Grandmaster Chapman is pleased to announce the opening of two new locations of the American Karate Academy. One of the new dojos will be led by **Sensei Matt Stonerock**.

Sensei Stonerock, a 2nd degree black belt, has been training with Master Chapman since 1999. "Sensei Stonerock is prepared to run his own school", said Master Chapman. "I know that he will be successful." Sensei Stonerock's school, open since the middle of July, is located at 2416 Music Valley Drive, Suite 118 (near the Opryland Hotel) in Nashville.

Classes are available for Lil Dragons (4-5 year olds), children ages 6 to 12, and adults ages 13 and up. For more details contact Sensei Stonerock at 545-4136 or m_stonerock@hotmail.com.
If you know anyone in the area that is interested in the martial arts hook them up with Sensei Stonerock!

The newest AKA school will be located at the Franklin YMCA, 501 S. Royal Oaks Blvd, Franklin, TN, 37064.

Master Chapman took over the program on August 12 when the previous instructor moved. "I am very excited about the opportunity to implement a martial arts program for another YMCA. I look forward to working with the staff in Franklin."



Sensei Stonerock's school will be known as the American Karate Academy (Nashville). The Franklin location will be known as the American Karate Academy (Franklin). This is known as keeping it simple!!



Students of the Month!

The student of the month in May was **Lilly Roberson**. In June it was **Weston Sharpe**. The July winner was **Mackenzey Ramirez**.

Congrats to all!



Monthly Dues...

It is the responsibility of each student or their parent to pay their dues on time. Then the receipt should then be given to Master Chapman. Please pay dues before the first of the month. Several students are paying for several months at once. You may pay for 6 months at a time if you like!

New Students!

We are proud to recognize the following additions to our karate "family"

Kyle Avirom Olivia Dibble
Kellin Shockley Sean Alexander
Daron Holmes Sam Shirley

Recent Promotions

Congratulations to the following who have recently earned belt promotions:

Hamood Ghussenin-YI	Samuel Sylvester-Gr
Matt Cardwell-P	Jeff Bennie-P
Matthew Conley-Gr	Mac Sweeney-Br
Rohan Gupta-YI	Matthew Donahue-Gr
Essam Mushin-Gr	Kyle Avirom-YI

完
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性

Integrity

Congratulations!