

Summer 2010

AKA Staff

**Grandmaster
Danny Chapman**
8th Dan, Chief Instructor

Master Mike Hoyal
6th Dan, Senior Instructor

Sensei Tim Bowles
4th Dan, Senior Instructor

Sensei Matt Stonerock
3rd Dan, Instructor, Lil'
Dragon Instructor

Sensei Cam Chapman
3rd Dan, Assist Instructor

Sensei Michael Culbreth
3rd Dan Assist Instructor

Sensei Lindsey Grant
3rd Dan, Assist Instructor

**Sensei Lori Lynn
Chapman**
3rd Dan, Assist Instructor

Sensei Jeff Morrison
2nd Dan, Assist Instructor

Sensei Charles Williams
1st Dan, Assist Instructor

Sensei Lenny Ramirez
1st Dan, Assist Instructor
Publisher of Front Kicks

Sensei Eric Donahue
1st Dan, Assist Instructor

Trainee Instructors
Sempai Luke Donahue
Kelley Qualman
Ivan Wall

Junior Black Belts
Caroline Williams
Kyle Starr
Mac Sweeney

Junior Assist Instructors
Sarah Conley
Austin Hamill
Matthew Conley
Michael Aguon
Andy Barrett
Matthew Donahue



FRONT KICKS



The Newsletter for the American Karate Academy

IKSA SEMINAR COMING IN SEPTEMBER: KUNG FU INSTRUCTOR HEADLINES

The AKA will host the 16th Annual IKSA National Training Seminar on Sept 24/25. The Brentwood YMCA will be the site of all seminar activities. There will be an adult class on Friday night the 24th and six on the 25th. There will be six classes for children on the 25th. This year's special guest instructor is Kung Fu expert Grandmaster Rob Moses. Grandmaster Moses is certified by the IKSA Society of Soke as the founder of his own system, "Tai Shan Mantis". In 1983, Moses began training with [Kung Fu's David Carradine](#). His mission was to help prepare the actor for his role in an upcoming [Chuck Norris](#) movie titled [Lone Wolf McQuade](#).



In the TV show [Kung Fu: The Legend Continues](#), Moses performed the role of Master Khan, the weapons expert and sergeant at arms. GM Moses remained the kung fu instructor and friend of Carradine until the actor's untimely death. Sifu has also had the opportunity to perform for the abbot of the Shaolin Temple in China.. Master Moses will be teaching three adult classes and two children's classes. Other classes will be taught by IKSA instructors including Master Chapman who will teach a class on sparring techniques.

KARATE COLLEGE 2010

Twenty-six members of the AKA recently attended the 23rd Annual Karate College. KC is three days of martial arts training held in Radford, VA. Campers can train in a variety of martial arts. The staff is led by Dr. Jerry Beasley, Renzo Gracie, and Bill Wallace.

Master Chapman has been on the staff for fifteen years. He taught two adult classes and a children's class. At the end of camp the children voted Master Chapman's sparring class as their favorite. "KC is always a learning experience," said Master Chapman. "Where else in a single afternoon can you train in kickboxing, arnis, BJJ, and Kenpo? There is no doubt we will head back to VA next year for the 24th Karate College."

NEW BLACK BELT

Congratulations to **Eric Donahue**. After many years of training he successfully tested for his black belt on July 17. The test, which consisted of a written exam, katas, self defense, sparring, and various endurance activities, lasted nearly 12 hours. "Eric has really worked hard these last few months preparing for the test", said Master Chapman. "He did superbly and has now earned the title of Sensei."



AKA T-SHIRTS

Master Chapman has announced the continuing sale of AKA T-shirts. The shirts are short sleeved and black with the AKA logo on the pocket. Below the logo is the kanji of American Warrior Karate Do. The sale serves as a fund raiser for the YMCA's "We Build People" program. Cost of the shirt is \$18. "This is a really cool shirt which will promote our program and help the Y", said Master Chapman. "Plus students will be allowed to wear the shirts to Sat. classes during warm weather." More adult sizes are being ordered. Check with Master Chapman if interested in purchasing a shirt.



HIGH SCHOOL GRADS

Congratulations to recent high school graduates 2010 **Sensei Charles Williams** and **Sensei Lori Lynn Chapman**. Sensei Williams graduated from Brentwood High School and Sensei Chapman from Franklin High School.

In August both will continue their education. Sensei Williams will be attending David Lipscomb University in Nashville and Sensei Chapman will be headed to Knoxville to attend the University of Tennessee.

FAQ

WHAT STYLE OF KARATE DO WE STUDY???

The style that we train in is American Warrior Karate-Do. This was developed by Master Chapman after more than twenty years of training under several outstanding instructors. On October 1, 2004 the Independent Karate Schools of America Society of Soke recognized the new system and Master Chapman as "Grandmaster" of American Warrior Karate-Do. The ultimate aim of American Warrior Karate-Do is to make each of us better people.

HAVEN: The Graphic Novel Arrives August 15!

The long-awaited graphic novel HAVEN arrives in stores on August 15. Featuring an appearance by Grand Master Chapman, the book was written by **Sensei Lenny Ramirez** of our AKA.

If you haven't reserved your copy you can still get one either at Outer Limits in Franklin or by visiting www.markosia.com after the 15th.

Sensei Ramirez will be at various signings and events locally promoting the book so please come out and show your support.
Wear your AKA t-shirt!

Here's a schedule of appearances/signings:

Rick's Comic City, Nashville
September 1: 11am-2pm

Outer Limits Comics, Franklin
September 8: 11am-2pm

Williamson County Library, Franklin
October 2: time:td

*Geek Media Expo, (<http://whatisgmx.net/>)
Nashville **October 22-24***

With more to come...

Visit [facebook.com/armyofhaven](https://www.facebook.com/armyofhaven) for info!



NEW TRAINEE INSTRUCTOR

Master Chapman has made **Ivan Wall** a member of the AKA staff as a Trainee Instructor. Ivan, who helps with the children classes on a regular basis, is a brown belt.

New Students

Welcome to all the new students who have recently joined us in the study of martial arts.
They are:

Laura Catherine Feamster (*previously trained with Master Chapman at the Franklin dojo*)
Kirk Parsons Dary Taheri
Kasra Taheri Elijah Jenkins
Grant Thompson Trenton Gaffey
Amanda Islanander Christine Islanander
Andrew Yang Jackson Carpenter
Hank Carpenter Chase Cannon
Carter Huestis Daniel Castaneda

Recent Promotions

The following have recently earned belt promotions:

| | |
|----------------------|---------------------|
| Cat Barber-YI | Kristen Ramirez-P |
| Alan Abbu-P | Cameron Abbu-P |
| Jim Phillips-P | Trevor Phillips-Gr |
| Austin Hamill-Adv Br | Daniel Errico-P |
| Jamison Sligar-YI | Corina Crowe-BI |
| Elijah Jenkins-YI | Ivan Wall-Br |
| Drew Phelps-YI | Michael Shounoda-BI |
| Mark Shounoda-BI | Grant Thompson-YI |
| Tomas Starr-P | Nathan Goodrum-P |

Congratulations!

ENTERPRISE SEMINAR

On July 24/25 **Master Chapman** led a seminar for IKSA Instructor Sensei Issachar James in Enterprise, AL. Master Chapman, assisted by **Sensei Hoyal** and **Sensei Cam Chapman**, participated in black belt testing on Friday night and taught 3 classes on Saturday.

On Saturday night Master Chapman led a training session for Sensei's James's leadership team. Master Chapman's topic was "The Dos and Don'ts of Martial Arts Training". Master Hoyal led a session on "Nutritional Eating for the Martial Artist". Preliminary plans call for another seminar in December in Enterprise. All AKA students are welcome to attend.



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