

Students of the Year:

Sensei Chapman recently announced the student of the year for 2004 for the children and adult classes. Charles Williams, 12, was the award recipient in the children's class. Charles had a great year in 2004. He participated in the karate tournament in Spring Hill, and attended Karate College and the IKSA seminar. Charles also became a Junior Assistant Instructor for the Lil' Dragons class. "Charles has an excellent attendance record, works hard, and is rapidly becoming a top-notch martial artist," said Sensei Chapman. Recently awarded his Brown belt, Charles looks forward to testing for his Black belt next year. The award winner in the adult class is Sensei Matt Stonerock. Sensei Stonerock had quite a year in 2004. He directed the Karate Demo in March. In May he attended the Spring Hill tournament winning 1st place in weapons, katas, and sparring. In July he attended Karate College. Sensei served on the committee that put together the IKSA seminar in Oct. But the highlight of his year was his successful test for Black Belt in August. Sensei Stonerock has taught the Lil' Dragons class and has seen it grow to capacity. "Sensei Stonerock is an excellent instructor and I am proud to have him on the AKA staff," said Master Chapman.

Tournament in Spring Hill:

There will be a karate tournament held in Spring Hill, TN on May 14. Master Chapman will share details as they are made available to him.

Recent Promotions:

The following have recently earned belt promotions: Kelley Qualman-Bl, Jinnine Qualman-Bl, Michael Rabiei-Yl, Lauren Kindrachuk-Yl, Diana Stickl-Br, Chris Riddle-Br, Josh Parker-P, Caroline Williams-P, Jessica Grant-Gr, George Stickl-Br, Shane Benoit-Br, Charles Williams-Gr, Justin Jernigan-Gr, Michael Ratliff-Gr, Jennifer Grant-Bl, David Grant-Bl, Angie Coffey-Yl, Savannah Fiedor-Bl, Matt Stonerock-Adv Br, Sheridan McNeil-Bl, Kyle Starr-Yl, Isaac Phillips-Yl, Sara Conley-Yl, Hannah Weller-Yl, Jillian Weller-Yl, Morgan Williams-Yl, Jake Keller-Yl, Ethan Rider-Bl, Lori Lynn Chapman-Adv Br, Harrison Owen-P, Justin Martinez-Yl, Luke Donahue-P, Eric Donahue-P, Saad Rehman-Bl

Karate College:

Karate College is just around the corner; well in June anyways! The dates are June 23-26. All adult students are invited and encouraged to attend. Invitations will be issued to some members of the children's class. Put these days on your calendar NOW!

Angie Update:

Former adult student Angie Coffey and her husband are expecting their first child in about 3 weeks. Angie will send updates by her boss Sensei Bowles. Angie is very excited and we wish her the best. She assures that she will be back to karate later in the year.

Inclement Weather Policy:

If Williamson County Schools close (or close early) on Tuesday or Thursday there will be no children's classes that night. The adult class will be held if at all possible. Adults should call the YMCA for closing information. If the bad weather hits on Friday night or Saturday morning, give the Y a call to see if classes are cancelled. If there is flash flooding sometimes the Y has to close. If you are wondering, give the front desk a call.

Demo Time:

Our annual karate demonstration will be held March 15th. All students will have the opportunity to perform. This is the time to show-off what you have learned. No one will be by themselves: students will perform in groups. Sensei Stonerock will direct and have more details soon.

Students of the Month:

The student of the month in December was Wyatt Winters and in January Bennett Donahue. Congratulations guys!

How Low Can You Go?

Kyle Starr recently became a member of our Full Splits Club. If you can go all the way down in the splits, demonstrate this to Master Chapman and earn the right to wear the Full Splits club patch.

Black Belt Club:

Our newest members of the BBC are Laura Stickl, Michael Ford and Lindsey Grant. The BBC is for students who commit to earning their black belt. Members must have excellent attendance, a good attitude, and the goal of earning the Black Belt. The BBC has its own uniform and patch. Members of the BBC will have extra classes for additional training.

Welcome!

We would like to welcome the following to our karate "family": Bradley Shoemaker, George Bronleewe, Ann Marie Costner (George and Ann Marie are moving up from the Lil' Dragons class), Stuart Stankevich, Michael Storey, Matt Brasil, Grayson Jeffords, Mac Sweeney, Molly Anderson, Griffin Goodheart, Ethan Goodheart, Hayden Goodheart, Shane Dunne, and Wesley Dunne. We are happy to have back training with us Justin Jernigan, Michael Ford, and Joseph Downey.

Promotions

The following have recently earned belt promotions: Jeffrey Yoshihara-YI George Bronleewe-YI Michael Ratliff-Br Grayson Jeffords-YI Hannah Storey-BI, Diana Stickl-Adv Br Matt Goodwin-YI Jay Cheong-YI Jeremiah Brown-P Ann Marie Costner-YI Tressia Grant-Br Casey Grebe-P Saad Rehman-Gr Kevin Pham-Gr Sam Chevez-YI Charles Williams-Br David Mosesyan-YI

Ethan Rider-Gr Kevin Nolan-BI Rick Carlson-P Zoey Lagrange-YI Rita Wells-P. Matt Stonerock- Shodan, 1st Degree Black Belt

Karate night at the Movies:

The Grant Family hosted an oriental dinner for the adult class and their family and friends on May 15th. Afterwards the group watched The Last Samuri. Thirty- five attended the movie nigt.

AKA Staff:

Shihan Danny Chapman-8th Dan, Chief Instructor

Renshi Mike Hoyal-4th Dan, Senior Instructor

Sensei Tim Bowles-3rd Dan, Senior Instructor

Sensei Seth Chapman-3rd Dan, Assistant Instructor and Publisher of Front Kicks

Matt Stonerock-1st Dan, Assistant Instructor, Lil' Dragons Instructor

Cam Chapman-1st Dan, Assistant Instructor

Michael Culbreth-1st Dan Assistant Instructor

Diana Stickl-Kyu Ranked Assistant Instructor

Laura Stickl-Kyu Ranked Assistant Instructor

Jessica Grant-Kyu Ranked Assistant Instructor

Lindsey Grant-Kyu Ranked Assistant Instructor

Tressia Grant-Kyu Ranked Assistant Instructor

Kelley Qualman- Kyu Ranked Assistant Instructor

Jinnine Qualman- Kyu Ranked Assistant Instructor

Bobby Qualman-Kyu Ranked Assistant Instructor

Kevin Nolan-Kyu Ranked Assistant Instructor